

DVD FAQs

What is Jonathan's approach?

Jonathan Field Horsemanship is based on Natural Horsemanship principles that have been used by master horsemen for centuries and have recently been introduced into the mainstream horse world. His program is centered around themes and principles that are based on the innate qualities of the horse. Everything he teaches aligns with horse psychology, communication, and meeting the horse's needs. The goal of Jonathan's Natural Foundation Program is to get you thinking like a *horseman/woman* with the ability to be your own diagnostician. Ultimately, you will gain a partnership with your horse where he is an engaged and animated partner in whatever you wish to pursue.

Who is this series designed for?

If you are interested in pursuing horsemanship to have a greater depth of knowledge and understanding of the horse, this series is for you! This series contains the fundamental skills and knowledge that was lost with the advent of the automobile. You will develop a natural partnership with your horse where your horse looks to you for leadership and is engaged and confident. Whether you are a novice rider, an experienced horseman, or a seasoned competitor, you will experience growth in your horsemanship.

I am just starting out with horses. Will this series help me?

YES! Jonathan's Natural Foundation Program teaches both the horseman/woman and the horse. You will learn core horsemanship skills that will enable you to progress with your horse ***safely and confidently***. Jonathan clearly explains everything he teaches, giving detailed reasons why he does what he does by explaining why horses do what they do and how to look at things from their point of view. You will develop a partnership with your horse based on leadership, clear communication, and understanding. There is no better way to start your journey with horses!

I am already at a high level. What will I get out of this series?

No matter what level you are at, the concepts, principles, and techniques found in Jonathan's Natural Foundation Program will expand your horsemanship and allow you to further develop your horse, no matter what level you are at. This series is designed to teach both horseman and horse, so many lessons will help you become a more confident rider while other lessons will help you develop softness and proper body posture in your horse.

How do I get the most out this series?

With over 18 hours of instruction, the Natural Foundation Series is just that- a

series designed to give you the tools to lay a strong foundation. It isn't meant to be learned in a day. You will use this series intensively over the next couple of years, especially as you begin applying all you learn to different horses.

The best way to approach learning from the DVDs is to give yourself time! Each DVD has lessons for you the horseman, as well as lessons that train your horse. Using many horses in different scenarios, Jonathan gives you many different learning opportunities so that you can go out and apply all that you've learned in a practical hands-on way. You are encouraged to watch the DVDs many times to get each lesson separately. The idea is to progress through the step-by-step lessons at a pace comfortable for you and your horse. Practice each lesson until you feel confident with those skills and then move on.

Each Ground and Riding DVD correlates. For example: DVD 1 Ground is directly linked to DVD 1 Riding. The idea is for you watch to be able to progress on the ground and on the back at the same time. Progress through DVDs 1 Ground and Riding, then move on to DVDs 2 and so on. You can, however, jump to DVD 5 at any time to get some ideas on how to test your teaching to give you and your horse something to do with what you are learning throughout the series.

Why is the series divided into Ground and Riding sections?

Horsemanship is so much more than just the act of riding. Ground work is extremely beneficial in building and strengthening your relationship with your horse. It offers an opportunity to develop your horse emotionally and physically before you get on. This series directly connects ground exercises with riding exercises so that you are always developing the horse you want to ride, even from the ground.

Do I have to buy the whole set or can I mix and match?

While your best investment, both educationally and economically, is to purchase the DVDs as a complete set (\$499.00- a savings of over \$150.00), you can also mix and match them in a combination of five (\$280.00- a savings of \$45.00) or three (\$180.00- a savings of \$15.00) or purchase them individually (\$64.95, except DVD 3 Riding \$79.95). The choice is yours! If you need help in deciding which option best suits your needs, please don't hesitate to contact us at info@jonathanfield.net or 1-888-JFFIELD (533-4353). We will be happy to help you make the right choice for you and your horse.

I've taken a clinic with Jonathan. How do the DVDs relate to the clinics?

The information found in the Natural Foundation Series is essentially like taking Courses 1-3 with Jonathan. Everything you've learned in a clinic will be reinforced and supported through the DVDs. Many students have found that watching the DVDs after they have taken a clinic has allowed them to keep on track and progress much faster. Conversely,

watching the DVDs prior to taking a clinic is also beneficial; it sets you up for greater success as you enter a clinic with knowledge of the terminology and concepts taught by Jonathan.

Course One: DVDs 1 and 2 Ground and DVD 1 Riding
Course Two: DVDs 2 and 3 Ground and DVD 2 Riding.
Course Three: DVD 4 Ground and DVDs 3 and 4 Riding.

What if I get stuck? How do I get help?

A great way to monitor your progress is to download the Course 1 and Course 2 Assessment forms and work your way through the tasks outlined. Each task is clearly described and relates specifically to the information found in the Natural Foundation Program series.

Once you've practiced the tasks, video coaching is a great way to get feedback on how you and your horse are progressing. Tape a session of you and your horse and send it in to Jonathan Field Company Ltd. Jonathan and his assistants will watch the footage and send you feedback to help you progress. You can tape the tasks outlined in the Course 1 and 2 Assessments or you can simply videotape what it is you are having trouble with. Auditing or participating in a clinic with Jonathan is also a great way to get a more hands on approach to everything that is taught in the Natural Foundation Program series.

Is this a colt starting series?

No. While much of what is taught in the Ground section of this series is applicable to starting a young horse, this is NOT a colt starting series. Jonathan is in the midst of producing a colt starting series. (Production date unavailable at this time.)

I have an older horse. Will I confuse him if I start applying the techniques taught in this program?

No! Because all the principles, concepts, and techniques taught in this series align with horse psychology, communication, and equine needs, your horse will respond favorably to Jonathan's approach, no matter how old s/he is. If anything, the lessons taught in this series will help you and your horse develop an even stronger partnership.