



## Clinic Overview

### Course 2 - Unity

Course 2 is about getting another level of in-depth knowledge as a horsemen and also about the development of your horse. With the basic Course 1 understanding out of the way you will become your own self-diagnostician & problem solver. Learn new skills that will apply even more to you as a rider and begin taking a look down the lead rope at your horse to develop them to the next level. Jonathan will help you really get the theory of his program applicable. This is also where you will feel less tangled in the ropes and basic communication so you find your growth is quite amazing. It is typically where you really start to 'get' this.

#### **Course Goals:**

- ♦ Learn what great communication is all about with an exercise called a 'lesson of intent'
- ♦ Get each body part moving equally on the ground and riding. You will focus mainly on the shoulders, ribs, and HQ's
- ♦ Learn and apply the "Sweet Spot" theory to get your horse to move towards comfort instead of away from pressure, eliciting more try, effort and involvement from your horse. This way there is always a reward for their effort. You will do this in a fun race.
- ♦ Use a 22' line to expand your ground skills and direct the energies of your horse in a positive way. This way you don't have to tamp down excitement or worry about losing exuberance
- ♦ Learn an expanded definition of lateral flexion through your horse's whole body, and what position you need to be in
- ♦ Develop an active approach to causing your horse to relax
- ♦ Learn the rising and sitting trot and how important proper diagonals are
- ♦ Teach your horse the 'comfy' canter and how to move easily in to it
- ♦ Learn the basic leg yield and how it sets up so much for the future
- ♦ Simple lead changes and smooth transitions in all speeds
- ♦ Learn the "I set it, You hold it" principal so you don't micromanage with your reins or legs while riding
- ♦ Jonathan will teach you rider position top to bottom in each gait. Head, body, hands, legs, and feet.
- ♦ Get a better stop from your seat
- ♦ Learn how to achieve straightness and why it is so key
- ♦ Learn how to allow some engagement in your horse without it taking over

**Please note:** *There's always a slight difference in the dynamic of each group of people and horses. Some of the above lessons may be focused on more than others, including some not mentioned here. If one of these goals is very important to your journey, please make mention of it at the beginning of the clinic.*

#### **General Rider Information:**

You will receive a package from your Clinic Host containing the following forms: Rider Confirmation, Young Rider Authorization (if the rider is between 12 and 16 years old, riders under 12 are not permitted), and a Liability Release Waiver. Please review all forms carefully and return to your Clinic Host prior to or at the event – for the Liability Release waiver it must be signed and witnessed and the *original* must be returned to your Host.

Please bring the following equipment. Any items that you don't have will be available for sale during the event (except helmets).

- ♦ Safety Helmet (riders under 18 MUST wear a helmet)
- ♦ Rope Halter
- ♦ 12' Lead Rope
- ♦ Horseman's Stick
- ♦ 6' String
- ♦ Saddle Pad
- ♦ Saddle
- ♦ Bridle and/or Hackamore
- ♦ 22' Line

#### **Prerequisites:**

The prerequisite for a Course 2 clinic is a successfully completed Course 1 Assessment (or equivalent). If you have participated in a Course 1 Clinic and have a solid grasp of the concepts, but have not completed the formal assessment, discuss it with your Clinic Host as you may very well be ready to move up to Course 2. The horse you bring to a Course 2 clinic should be solidly able to complete all Course 1 exercises (see Course 1 Assessment for Task List). You must be able to comfortably **WALK, TROT and CANTER** on the horse you bring to a Course 2 Clinic. At this level, most of the learning is about you so bring the best horse you can in order for you to get the most benefit from the event. Individual situations may vary, so please contact your clinic host for any concerns.

#### **Times:**

Each morning at 9:00 am, Jonathan will be giving a presentation on either bits, saddle fitting, horsemanship tools, how to use the Home Study Program and Assessments, etc. These sessions are open to the public and it is not mandatory that riders attend. Please plan to arrive at the event location by at least 8:30 am. This will allow time for unloading horses and supplies, making sure all required forms are signed and a general settling in before the clinic begins. The clinic start time is 9:45. Please meet in the arena *without* your horse at 9:45 each day for a brief introduction/theory session.



There will be a 1 – 1 ½ hour break for lunch. Food is not provided, so please bring your lunch or plan to travel to the nearest restaurant.

Approximate end time is 5:00 pm each day, but please keep in mind this may vary as we are on horse time.

**Spectator Tickets:**

When you arrive at the clinic, you will be given one free Spectator Ticket (\$25 value) for each Clinic day that you participate in. Tickets are good for one person, one day at any Jonathan Field Horsemanship clinic. Feel free to give them away to family or friends, or save them yourself for future clinics.

**Pricing:**

For individual clinic pricing, please see the Clinic Logistics sheet (click on the Clinic Dates in the Schedule section of the website).

**Recording:**

Video recording (or any other type of recording device) is not permitted during the clinic. Please pass this information on to any friends or family members that may be attending to watch. Take as many still photographs as you'd like, but keep in mind that the photos are meant to be for your personal use only and may not be used for public display or any commercial purposes. You may not publish or display any photos of Jonathan, Jonathan Field Horsemanship Center, James Creek Ranch or any other member of the Jonathan Field Horsemanship team without their written consent.

**Cancellation Policy:**

**All monies are non-refundable.**

**Cancellation more than 30 Days Prior to the event:** A \$25.00 Administration fee will be charged. The remaining amount will be refunded with a Jonathan Field Company credit note.

**Cancellation after full payment has been made, and within 30 days of the event:** A \$100.00 administration fee will be charged. The remaining amount can be used towards a Clinic Transfer or will be refunded with a Jonathan Field Company credit note.

**Cancellation within 7 days of the event:**

A \$100.00 administration fee will be charged. The facility fee for the particular arena will also be deducted if we are unable to fill your position. The remaining amount can be used towards a Clinic Transfer or will be refunded with a Jonathan Field Company Credit note.

*Jonathan Field Company Ltd. credit notes can be used towards Jonathan Field Horsemanship equipment or Jonathan Field Horsemanship DVD's. Clinic transfers are valid for ONE transfer only and must be used within the following calendar year. Credit notes are valid for one year after date of issue.*

Thank you for your interest in a Jonathan Field Horsemanship Clinic. For general inquiries, please contact us at 1-888-JFFIELD or by email at [info@jonathanfield.net](mailto:info@jonathanfield.net). We look forward to seeing you there!