



Clinic Overview

Course 2 - Liberty and Becoming a Better Rider

This course has been designed for people that have great online and basic riding skills. Here we take the ropes off in the morning and learn liberty, and in the afternoon Jonathan will show you how the morning lessons relate to becoming a great rider! So much potential is lost and pain caused in horses because of poor riding. So many people struggle with sore backs and knees because of improper position. Learn natural riding dynamics to have better posture, be more balanced and mobile. There is only one of these courses this year. In this Course you will learn:

Course Goals:

In the Morning:

- ♦ Learn to use a group setting to help each other succeed at Liberty (note; You will learn on-line skills to get you ready for liberty in this way)
- ♦ In your own area in the arena learn how to do the Horseman's Dance at liberty
- ♦ At Liberty you will learn to get your horse to follow you at walk and trot, do all basic yields and begin a liberty circle

In the afternoon:

- ♦ Learn Jonathan's riding system exploring the three ingredients of balance, mobility and posture
- ♦ Learn the dynamics of horse movement in all gaits and how to move so you allow your horse comfort and freedom when they travel
- ♦ Learn how to ask for more flexion in your horse without forcing him. This will help you develop better posture and athleticism in both you and your horse
- ♦ Teach your horse to be a great riding horse by teaching him better balance and self carriage
- ♦ Create more fun while riding!
- ♦ Build your stop and back-up (these two are very connected) and learn how to help each exercise
- ♦ Learn to set and hold lead departure positions so your horse doesn't wiggle out on you
- ♦ Develop a willing canter departure and an easy-to-ride canter that has more collection
- ♦ Key ground exercises to do before you ride
- ♦ Riding simulations you can do without your horse to improve
- ♦ Jonathan will guide you through riding techniques that will help you be more balanced and clear with your aids.
- ♦ Saddles - how they fit your horse and where they both help and hinder

Please note: *There's always a slight difference in the dynamic of each group of people and horses. Some of the above lessons may be focused on more than others, including some not mentioned here. If one of these goals is very important to your journey, please make mention of it at the beginning of the clinic.*

General Rider Information:

You will receive a package from your Clinic Host containing the following forms: Rider Confirmation, Young Rider Authorization (if the rider is between 12 and 16 years old, riders under 12 are not permitted), and a Liability Release Waiver. Please review all forms carefully and return to your Clinic Host prior to or at the event – for the Liability Release waiver it must be signed and witnessed and the *original* must be returned to your Host.

Please bring the following equipment. Any items that you don't have will be available for sale during the event (except helmets).

- ♦ Safety Helmet (riders under 18 MUST wear a helmet) ♦ Rope Halter ♦ 12' Lead Rope ♦ Horseman's Stick ♦ 6' String
- ♦ Saddle Pad ♦ Saddle ♦ Bridle and/or Hackamore ♦ 22' Line ♦ 45' Line (optional)
- ♦ Exercise Ball (between 24" and 32" diameter) ♦ a Bareback pad is advised

Prerequisites:

The prerequisite for a Course 2 clinic is a successfully completed Course 1 Assessment (or equivalent). If you have participated in a Course 1 Clinic and have a solid grasp of the concepts, but have not completed the formal assessment, discuss it with your Clinic Host as you may very well be ready to move up to Course 2. The horse you bring to a Course 2 clinic should be solidly able to complete all Course 1 exercises (see Course 1 Assessment for Task List). You must be able to comfortably **WALK, TROT and CANTER** on the horse you bring to a Course 2 Clinic. At this level, most of the learning is about you so bring the best horse you can in order for you to get the most benefit from the event. Individual situations may vary, so please contact your clinic host for any concerns.

Times:

Each morning at 9:00 am, Jonathan will be giving a presentation on either bits, saddle fitting, horsemanship tools, how to use the Home Study Program and Assessments, etc. These sessions are open to the public and it is not mandatory that riders attend. Please plan to arrive at the



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event location by at least 8:30 am. This will allow time for unloading horses and supplies, making sure all required forms are signed and a general settling in before the clinic begins. The clinic start time is 9:45. Please meet in the arena *without* your horse at 9:45 each day for a brief introduction/theory session.

There will be a 1 – 1 ½ hour break for lunch. Food is not provided, so please bring your lunch or plan to travel to the nearest restaurant.

Approximate end time is 5:00 pm each day, but please keep in mind this may vary as we are on horse time.

Spectator Tickets:

When you arrive at the clinic, you will be given one free Spectator Ticket (\$25 value) for each Clinic day that you participate in. Tickets are good for one person, one day at any Jonathan Field Horsemanship clinic. Feel free to give them away to family or friends, or save them yourself for future clinics.

Pricing:

For individual clinic pricing, please see the Clinic Logistics sheet (click on the Clinic Dates in the Schedule section of the website).

Recording:

Video recording (or any other type of recording device) is not permitted during the clinic. Please pass this information on to any friends or family members that may be attending to watch. Take as many still photographs as you'd like, but keep in mind that the photos are meant to be for your personal use only and may not be used for public display or any commercial purposes. You may not publish or display any photos of Jonathan, Jonathan Field Horsemanship Center, James Creek Ranch or any other member of the Jonathan Field Horsemanship team without their written consent.

Cancellation Policy:

All monies are non-refundable.

Cancellation more than 30 Days Prior to the event: A \$25.00 Administration fee will be charged. The remaining amount will be refunded with a Jonathan Field Company credit note.

Cancellation after full payment has been made, and within 30 days of the event: A \$100.00 administration fee will be charged. The remaining amount can be used towards a Clinic Transfer or will be refunded with a Jonathan Field Company credit note.

Cancellation within 7 days of the event:

A \$100.00 administration fee will be charged. The facility fee for the particular arena will also be deducted if we are unable to fill your position. The remaining amount can be used towards a Clinic Transfer or will be refunded with a Jonathan Field Company Credit note.

Jonathan Field Company Ltd. credit notes can be used towards Jonathan Field Horsemanship equipment or Jonathan Field Horsemanship DVD's. Clinic transfers are valid for ONE transfer only and must be used within the following calendar year. Credit notes are valid for one year after date of issue.

Thank you for your interest in a Jonathan Field Horsemanship Clinic. For general inquiries, please contact us at 1-888-JFFIELD or by email at info@jonathanfield.net. We look forward to seeing you there!